

*A November Meditation**With John Nava's Tapestries (Los Angeles Cathedral, California. US)**God, the Holy Spirit: The Key to a Better Humanity**All Saints Day, All Souls Day and Remembrance Day 2021*

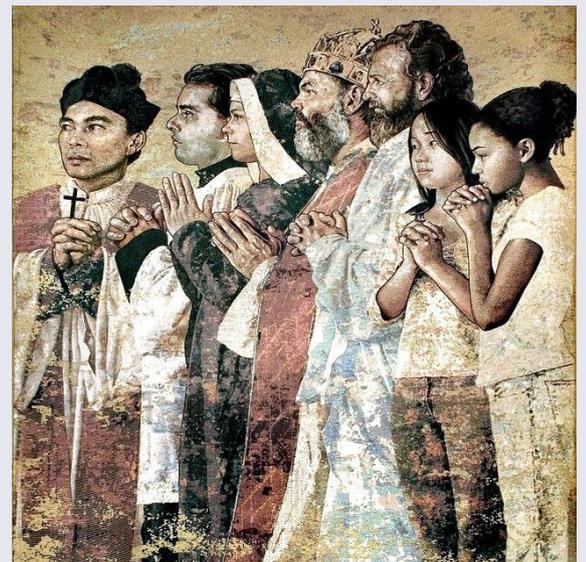
In the solemnities of All Saints Day and All Souls Day, and the commemoration of Remembrance Day, we enter into the beautiful spirit of Christian unity and solidarity. This is not a tokenistic unity and solidarity, but a real one. A solidarity with all the Saints, our brothers and sisters who have gone before us, who have reached their fulfilment in God and now spend their eternity in communion with God interceding for us. And solidarity with all our brothers and sisters who have gone before us, who we ask God to bring to their ultimate fulfilment in the Trinity, so they too join all the Saints.



In all the polarisation that is occurring today, in the numerous conundrums we seem to be facing, there is one key to a better humanity. That key is God, the Holy Spirit. That *Spiration* of love, self-gift and affirmation that is moving between God the Father and God the Son. That Divine Person who is the unity and solidarity between the Father and the Son. The Father and the Son give us their beloved Holy Spirit to dwell

within each of us, and bind us as brothers and sisters in this one beloved God.

When we truly open ourselves to being led and moved by God, the Holy Spirit, we can be assured that we are loving our brothers and sisters, ourselves and God. True unity and solidarity only comes with God. It may not mean that we all hold hands and sing 'Kumbaya'. In fact, like the history of our Church, it may mean things seem messy for a long while. However, one beautiful prayer prayed authentically by us will take us a long way to a better humanity led in unity and solidarity by God:



*Come, Holy Spirit, fill the hearts of your faithful,  
and enkindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you shall renew the face of the earth.*

*Natalie Thomas*